

**Dr. Raju Vaishya**  
**Senior Consultant Orthopaedic Surgeon**  
**Indraprastha Apollo Hospital**  
**Sarita Vihar, New Delhi**

A respected Orthopaedic Surgeon, Dr. Raju Vaishya was the youngest selected student to have passed the MCh (Orth) degree at the age of 29. He has won many awards and accolades and was also the editorial board member of I.J.O. Dr. Vaishya also has to his name various publications in international journals on various Orthopaedic subjects.

### **Education**

- 1977-86, G.R. Medical College, Gwalior
- 1987-90, University of Birmingham & Liverpool, U.K
- MBBS (Hons) 1982, Jiwaji University, Gwalior
- MS (Orth.) 1986, Jiwaji University, Gwalior
- MCh (Orth) 1990, Liverpool University, England

### **Training**

4 Years of specialised higher surgical training (especially in Knee surgery, including total joint replacement & arthroscopic surgery) at various prestigious hospitals of U.K viz. Robert Jones & Agnes Hunt Orthopaedic Hospitals, Oswestry & Royal Liverpool Children's Hospitals, UK.

- SHO (Ortho)-March 1987-Dec 1987- Glan Clwyd Hospital, Rhyl, UK
- Knee Fellow -Jan 1988-April 1988- Hill Top Hospital, Bromsgrove, UK
- Registrar (Orth)-April 1988-June 1989- RJA Ortho Hospital, Oswestry, UK
- Registrar (Orth)-July 1989-Dec 1989- Hereford General Hospital, UK
- Registrar (Orth)-Jan 1990-Dec 1990- Royal AlderHey Liverpool Children's Hosp
  
- Have had specialised training in arthroscopic surgery of the shoulder & knee from Dr. Brian Cole at Rush Presbyterian Hospital, Chicago, USA
- Have had specialised training in arthroscopic shoulder surgery from Prof. Simon Frostick of Liverpool University, UK

### **Expertise**

- Knee Surgery (Total Joint Replacement & Arthroscopic Surgery)
- Arthroscopic Shoulder Surgery  
Arthritis

### **Awards & Achievements**

- Highest Income Tax payee award (in Professional category) of Government of India, from 1994-95 to 1998-99, in Gwalior Division.
- Outstanding Young Person of Gwalior- Awarded by Gwalior Junior Chamber-1996.
- Professor's gold medal for the best research at Oswestry, University of Birmingham, UK (1989)

- Awarded A.O fellowship to gain advanced training in operative management of fractures, in Germany and Switzerland.

### Eminent Publications

- Vaishya R. "A thorny problem ": diagnosis & treatment of acacia thorn injuries. *INJURY*. 21 ; 97-100, 1989.
- Vaishya R , Strover AE , Darby AJ . Are prosthetic ligaments inert ? *OSWESTRIAN*. 1, 14-16 ; 1989.
- Vaishya R , Strover AE . Bilateral cysts of the lateral femoral trochlea . *ACTA ORTHOP BELGICA* . 57, 617-19 ; 1990.
- Vaishya R , Pullicino VC , McCall IW . The role of CT arthrography in patello- femoral disorders . *OSWESTRIAN* . 1, 20-23 ; 1989.
- Bagga TK , Vaishya R. Measurement of instability in ACL deficient knee. *OSWESTRIAN*. 1, 26-27 ; 1989.
- Vaishya R, Middha VP. Wooden lesions produced by splinters of wood in soft tissues & bone.
- Vaishya R , Mudgal CS , Klenerman L . Non union of osteochondroma . *ACTA ORTHOP BELGICA* . 57 , 68-70 ; 1991.
- Vaishya R, Patrick JH. Isolated fracture dislocation of tarsal navicular. *INJURY*. 22, 47-48 ; 1991.
- Bagga TK , Vaishya R, Jaffary DC. Dynamic assessment of cruciate ligaments using an electronic force platform. *ACTA ORTHOP BELGICA*. 57 , 7-10 ; 1991.
- Vaishya R. Idiopathic osteonecrosis of the patella : an unusual case of pain in the knee. *J BONE JOINT SURG (AM)*. 73-A, 1574-75 ; 1991.
- Vaishya R. The role of C.T. arthrography in patello-femoral disorders. *The MCh Orthian*. 1, 57-58 ; 1991.
- D'Souza SR, Vaishya R, Klenerman L. Management of radial neck fractures in children . *PAEDIATRIC ORTHOP*. 13, 232-38 ; 1993.
- Gopa Kumar TS, Vaishya R, Klenerman L. Role of ultrasound & isotope scanning in the management of irritable hips . *J EUR RADIOL*. 15, 113-17 ; 1992.
- Debnath UK, Vaishya R, Verma HS. Patella fracture in a patient of Forestier's disease. *ACTA ORTHOP BEL*. 58, 353, 1992.
- Vaishya R. Controversies in Total Knee Replacement. *J West Bengal Orthop Assoc*. 15 (1) , 19-25 ; 1998.
- Vaishya R , Sharma P. Arthroscopic management of stiff knee. *Indian J Orthop*. 33 (4), 274-75 ; 1999.
- Tandon H, Vaishya R. Stress fractures in Osteoarthritis of knee. *Indian J Orthop*.
- Vaishya R. Total Knee Replacement-a new hope for the knee crippled. *Orthopaedics Update*. 2(2), 6-9; 2000.
- Vaishya R. Total Knee Replacement: A patient's information guide. *Orthopaedics Today*. III (3), 159- 162; 2001.

### Workshops

- Total Knee Replacement. B&B Hospital, Kathmandu.
- Total Knee Replacement. Chodha Hospital, Jalandhar
- Total Knee Replacement. Amandeep Hospital, Amritsar
- Arthroscopy Workshop. SM Hospital, Sikar
- Arthroscopy Workshop. Shukla Hospital, Dharamshala

- Arthroscopy Workshop. Paliwal Hospital, Bhopal
- Arthroscopy Worskhop. Jaipur Hospital, Jaipur
- Total Knee Replacement. City Hospital. Lucknow.
- Total Joint Replacement. Anupam Hospital, Rudrapur.
- Total Hip Replacement. NITOR, Dhaka, Bangladesh
- Arthroscopy workshop. NITOR, Dhaka, Bangladesh
- Apollo Arthroplasty Course (For Beninners) , Apollo Hospital, Delhi
- Recent Advances in Articular Cartilage Repair. Indraprastha Apollo Hospitals. N Delhi. Nov 2004
- 2nd International Shoulder/Elbow Surgery Symposium. Indraprastha Apollo Hospitals. N Delhi. Sept. 2002
- Monthly meeting of Delhi Orthopaedic Association. Indraprastha Apollo Hospitals, N Delhi.
- 51st International Shoulder Surgery Symposium. Indraprastha Apollo Hospitals, N Delhi. Sept 2000
- Monthly meeting of Delhi Orthopaedic Association. Indraprastha Apollo Hospitals, N Delhi.
- 2nd International Workshop on Total Knee Replacement. Friends Medical Centre, N Delhi. Nov 1997
- International Knee Workshop. Friends Medical Centre, N Delhi.